E-safety @ home

CHECKLIST FOR AGES 6 - 9

CREATE a user account for your child on the family computer with appropriate settings and make the most of Parental Controls and tools like Google SafeSearch

AGREE a list of websites they're allowed to visit and the kind of personal information they shouldn't reveal about themselves online (like the name of their school or their home address)

DECIDE time limits for things like using the internet and playing on games consoles

BEAR in mind what older siblings might be showing them on the internet, mobiles, games consoles and other devices and agree some rules as a whole family

TALK to other parents about their views on things like what age to buy kids a mobile and don't be pressured by your child into letting them use certain technologies if you don't think they're old enough or mature enough... no matter how much they pester you

FAMILIARISE yourself with age ratings and descriptions on games, online TV, films and apps, so that you can be sure your child is only accessing age-appropriate content

Taken from the Vodaphone checklists for parents

E-safety @ home

CHECKLIST FOR AGES 10 - 12

MAKE sure you've set some tech boundaries before they get their first mobile or games console – once they have it in their hands, it can be more difficult to change the way they use it

REMIND your child to keep phones and other devices well hidden when they're out and about to minimise the risk of theft

TALK to them about what they post and share online – written comments, photos and videos all form part of their 'digital footprint' and could be seen by anyone and available on the internet forever

DISCUSS the kind of things they see online – this is the age when they might be looking for information about their changing bodies and exploring relationships, for example

HOLD the line on letting your son or daughter sign up for services like Facebook and YouTube that have a minimum age limit of 13 – talk to other parents and their school to make sure everyone is on the same page

REMIND them that they shouldn't do anything online that they wouldn't do face-to-face

Taken from the Vodaphone checklists for parents

E-safety @ Scalford

E-safety @ school

Our e-safety learning centres around the 'SMART' rules:

Safe: stay safe by using the internet only under adult supervision and by keeping personal details and passwords private

Meeting: only ever meet internet friends under adult supervision

Accepting: always be cautious about opening unfamiliar emails and unexpected attachments or clicking on pop-ups as they can lead to problems such as computer viruses which can be very damaging and expensive to repair

Reliable: remember that people you encounter on the internet may not be who they say they are and that information you read online may not always be accurate

Tell: you should talk to an adult if you have seen something online that worries you

Remember to check the e-safety links on the school website!

E-safety @ school

We also teach the children about:

- ways to help keep devices safe (such as anti-virus software and firewalls) and the importance of keeping such software up to date
- tips for keeping passwords safe and secure
- respecting the age restrictions on social network sites, computer games and films
- how 'cyber-bullying' is a serious form of bullying and to report any concerns they might have to an adult
- how mobile phones can be an effective way of communicating when used appropriately
- the importance of backing up files

The world of technology continues to change faster than we can imagine and at Scalford we endeavour to keep our teaching as up to date as possible. If there are topics not mentioned in this leaflet that you think it would be important for us to cover, please let us know.

E-safety @ home

CHECKLIST FOR UNDER 5s

START setting some boundaries now – it's never too early to do things like set limits for the amount of time they can spend on the computer

KEEP devices like your mobile out of reach and make sure you have passwords/PINs set up on them for the times you might lend them to your child... or for when they simply get hold of them themselves!

CHECK the age ratings and descriptions on apps, games, online TV and films before downloading them and allowing your son or daughter to play with or watch them

EXPLAIN your technology rules to grandparents, babysitters and the parents of your child's friends so that they also stick to them when they're looking after your child

REMEMBER that public Wi-Fi (e.g. in cafés) might not have Parental Controls on it – so, if you hand over your iPad to your child while you're having a coffee, they might be able to access more than you bargained for

SET the homepage on your family computer or tablet to an appropriate website like Cbeebies

Taken from the Vodaphone checklists for parents