



Physical Intervention and Positive Handling Policy 2025-26

Headteacher: Mrs M Wrightam

Chair of Governors: Mrs K Bloodworth
school office

Signed copy in

Please also refer to Child Protection, Whistleblowing, Behaviour and Disability and Equality policies

Reviewed September 2025

At Scalford C E Primary School, we are committed to a positive behaviour policy which encourages children to make positive behaviour choices (see Pupil Behaviour Policy). We do however recognise that children sometimes do make the wrong choices. On rare occasions this may result in a situation that requires some form of physical intervention by staff. Our policy for physical intervention is based upon the following principles:-

Physical intervention should be used only as a last resort when other appropriate strategies have failed.

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- Any physical contact should be only the minimum required.
- Physical intervention must be used in ways that maintain the safety and dignity of all concerned.
- Incidents must be recorded and reported to the Head Teacher as soon as possible □
Parents will be informed of each incident

The Legal Framework

Section 93 of the Education & Inspections Act 2006 allows 'teachers and other persons who are authorised by the Head Teacher who have control or charge of pupils to use such force as is reasonable in all the circumstances to prevent a pupil from doing, or continuing to do, any of the following:-

- causing injury to his/herself or others
- committing an offence
- damaging property
- prejudicing the maintenance of good order & discipline

Our approach

We aim to avoid the need for physical intervention and regard this as a last resort in a tiny minority of situations. We always aim to deal with behaviour using a positive approach and therefore this policy should be read in connection with our Behaviour Policy.

It is not possible to define every circumstance in which physical restraint would be necessary or appropriate and staff will have to exercise their own judgement in situations which arise within the above categories. Staff should always act within the school's policy on behaviour and discipline, particularly in dealing with disruptive behaviour.

Staff should be aware that when they are in charge of children during the school day, or during other supervised activities, they are acting in loco parentis and have a 'Duty of Care' to all children they are in charge of. They must, therefore, take reasonable action to ensure all pupils' safety and well-being. Staff are not expected to place themselves in situations where they are likely to suffer injury as a result of their intervention.

Use of physical restraint

Physical restraint should be applied as an act of care and control with the intention of re-establishing verbal control as soon as possible and, at the same time, allow the pupil to regain self-control. It should never take a form which could be seen as punishment.

Staff are only authorised to use reasonable force in applying physical restraint, although there is no absolute definition of this. What constitutes reasonable force depends upon the particular situation and the pupil to whom it is being applied. However, as a general rule, only the force necessary to stop or prevent danger should be used, in accordance with the guidelines below. In all circumstances, alternative methods should be used as appropriate with physical intervention or restraint, a last resort.

When physical restraint becomes necessary:

DO

- Tell the pupil what you are doing and why
- Use the minimum force necessary
- Involve another member of staff if possible
- Tell the pupil what s/he must do for you to remove the restraint (this may need frequent repetition)
- Use simple and clear language
- Relax your restraint in response to the pupil's compliance

DON'T

- Act in temper (involve another staff member if you fear loss of control)
- Involve yourself in a prolonged verbal exchange with the pupil
- Involve other pupils in the restraint
- Touch or hold the pupil in a way that could be viewed as sexually inappropriate conduct
- Twist or force limbs back against a joint
- Bend fingers or pull hair
- Hold the pupil in a way which will restrict blood flow or breathing e.g. around the neck Slap, punch, kick or trip up the pupil
- Use physical restraint or intervention as a punishment

Actions after an incident

Physical restraint often occurs in response to highly charged emotional situations and there is a clear need for debriefing after the incident, both for the staff involved and the pupil. The head teacher should be informed of any incident as soon as possible and will take responsibility for making arrangements for debriefing once the situation has stabilised. An appropriate member of the teaching staff should always be involved in debriefing the pupil involved and any victims of the incident should be offered support, and their parents informed.

If the behaviour is part of an on-going pattern it may be necessary to address the situation through the development of an Individual Behavioural Plan or individual risk assessment, which may include other strategies agreed by the SENCO. This may require additional support from, other services. It is

also helpful to consider the circumstances precipitating the incident to explore ways in which future incidents can be avoided.

All members of staff are aware of the regulations regarding the use of reasonable force by staff, as set out in the document; The Use of Reasonable Force in Schools Published 17 July 2013 by the DfE <https://www.gov.uk/government/publications/use-of-reasonable-force-in-schools>.

Any incident of restraint, reasonable force or restrictive intervention will be recorded within 24 hours of the use of any measures. This will be recorded in the 'Bound and Numbered Book' which is kept in the office and logged on 'My Concern'. All sections of this record should be completed so that any patterns of behaviour can be identified and addressed. In line with GDPR records will be kept for 75 years after the birth of the child. Parents will be informed as soon as practicable when any incident of restraint, reasonable force or restrictive intervention has been used on their child. The parent will be encouraged as soon as practicable to sign and date that they have been informed on the 'responsible parent' line of the book.

In the event of any future complaint or allegation this record will provide essential and accurate information.

Risk Assessments

If we become aware that a pupil is likely to behave in a disruptive way that may require the use of reasonable force, we will plan how to respond if the situation arises. Such planning will address:

- Strategies to be used prior to intervention. Ways of avoiding 'triggers' if these are known
- Involvement of parents to ensure that they are clear about the specific action the school might need to take
- Briefing of staff to ensure they know exactly what action they should be taking (this may identify a need for training or guidance)
- Identification of additional support that can be summoned if appropriate
- The school's duty of care to all pupils and staff

Complaints and Allegations

A clear restraint policy, adhered to by all staff and shared with parents, should help to avoid complaints from parents. It is unlikely to prevent all complaints, however, and a dispute about the use of force by a member of staff might lead to an investigation, either under the complaints disciplinary or allegation management procedures.

Please see appendix 1 in the case of exceptional circumstances.

Appendix 1 Example Letter to Parents/Carers

Date

Dear Parent

I authorise to use the strategies (including physical interventions) their work at Scalford C E Primary School. Physical interventions may only be used as an absolute resort, when all other strategies have failed or are inappropriate and in situations where a student or adult is at risk of harm, where education is being seriously disrupted or property of a substantial nature is at risk of being damaged.

The Head teacher, or in her absence the SLT must be informed as soon as possible after an incident, and the incident recorded in the bound and numbered book.

Authorisation continues until

Yours sincerely,

Mrs M Waring
Headteacher