

Base 1 PSHE Curriculum Map

	A	B
Autumn 1	All about me - Ourselves • H1 - health, wellbeing, healthy eating, physical activity, sleep, dental health. • H2 - health, likes, dislikes, choices. • H6/7 - hygiene, cleanliness, germs. • H8/H9 - growing, changing young to old, independence. • H10 - (Science) correct terminology of basic body parts. • R6/7 - cooperating, resolving arguments. • L1/2 - classroom rules. • R9 - special people, caring (R.E). • L8 - (R.E) everybody, individual, unique, special. •	All about me - The Senses As A
Autumn 2	All about me - Xmas • H4 - feelings, managing feelings. • H5 - change, loss • H13/14/15 - asking for help • R13/14 - teasing, bullying - (anti bullying week) • Remembrance service.	All about me - Xmas As A

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Spring 1	Tales and Towers • H3- achievements, strengths, goals, target-setting. • R1 - communicating, feelings, empathy. • R11 - feelings, bodies, hurt, comfortable, teasing, bullying. • R2/R4/R12 - behaviour, fair/unfair, right/wrong. • L9 - people, similarities, commonalities • R5 - sharing, discussion, views, opinions. • R8 - (R.E) people, similarities, differences.	Julia Donaldson As A plus H5 - (R.E) change and loss.
Spring 2		
Summer 1	Animals • R3 - secrets, surprises, safety. (Ongoing) • L10 - community, special people, help, emergencies. • R10 - physical contact, touch, acceptable and unacceptable. • L3 - Rights, responsibilities and needs. • L5 - environment (R.E), (Science)	Homes - materials - safety in the home - community - maps. As A plus • H11 - medicines, household products, safety, risk. • L4 - groups, communities and roles. (R.E)
Summer 2		

H12 - (ongoing) road safety, road, water, rail, fire, online, rules.

L6/7 - Money - spending, saving, safety.