



Scalford Sport



News

Active Advent

Physical activity builds resilience, self-improvement, confidence and improvements in long term Physical, wellbeing and Mental health. In addition, it has been proven that having a growth mindset can improve a child's progress and attainment. With this in mind we are encouraging children to participate in our 'Active Advent' throughout December.

There are 24 baubles on our tree for your child to colour in each time they achieve 30 minutes of activity outside of school. Reach the star at the top to complete on the 25th December. Please return the completed form to school in January. All entries will be entered into a prize draw.

If your child would like to participate please ask Miss Moore for a paper copy.

Mental Elf - Festive Fun Run

On Sunday 1st December there will be a Festive Fun Run taking place in Victoria Park, Leicester. For more information please see the flyer on the next page.

Santa Dash

On Friday 6th December Scalford School will be participating in the National Santa Dash. This is a 10 minute walk/run that will take place during the school day. All children are invited to wear Christmas jumpers, Santa hats, reindeer antlers etc.

No change of footwear is needed.



Friday 22nd November

Upcoming Events

NOVEMBER 2024

Saturday 30th November

Cross-Country Races - Mallory Park

DECEMBER 2024

All of December - Active Advent

Sunday 1st December

Mental Elf - Festive Fun Run

Friday 6th December

National Santa Dash

JANUARY 2025

Friday 6th December

Ratcliff Cross-Country

Wake Up! Shake Up Breakfast Club

Breakfast club runs from Monday to Thursday 7:30-8:45am **£4.00** per session

Contact the office to book a place or Text Kaye.



SCHOOL GAMES





Scalford Sport



Mental Elf 2024

Festive Fun Run



Sunday 1st December 2024

Victoria Park, Leicester

Put on your elf ears and join us to
raise funds and awareness for
better mental health.



Book your tickets



Charity no: 1204524

 **Mind**
Leicester,
Leicestershire
and Rutland



**SCHOOL
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Scalford Sport



School Games National Santa Dash

Join thousands across the country for some
active festive fun

Friday 6th December 2024

#SGSantaDash #santasmlles



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Scalford Sport



Not-For-Profit
Community
Interest
Company

B-BUDDIES CIC
Cycle Training & Bicycle Maintenance

www.b-buddies.com
07538838740
@bbuddiescic



Go Ride Racing

An introduction into off road racing throughout a 10 series league alternating between 3 venues for riders aged 2-16 including a balance bike category on Saturday afternoons!



21st September – Beaumanor Hall
12th October – Snibston Colliery Park
16th November – Sysonby Acers
14th December – Beaumanor Hall
18th January – Snibston Colliery Park
8th February – Sysonby Acers
8th March – Beaumanor Hall
5th April – Snibston Colliery Park
10th May – Sysonby Acers
14th June – Beaumanor Hall

MTB Time Trials

Bring out your competitive side or set yourself a personal goal throughout a 8 series league at Hicks Lodge on Sunday mornings for over 16s across the blue and green routes!

17 th November	23 rd March
15 th December	27 th April
12 th January	18 th May
9 th February	22 nd June



Enter online: www.b-buddies.com/events-racing-parties

A presentation will be held at the end of both leagues to celebrate achievements.



SCHOOL GAMES





Scalford Sport



JUNIOR TABLE TENNIS

FOR AGES 7-16 YEARS

STARTING MONDAY 28TH OCTOBER

Whether you're new to the game or looking to sharpen your skills, our Junior Table Tennis is the perfect place to learn new skills and make new friends.

AGE 7 TO 11 YEARS - 5PM TILL 6PM

AGE 12 TO 16 YEARS - 6PM TILL 7PM

£3.15 PER PLAYER

**MELTON SPORTS VILLAGE,
BURTON ROAD, LE13 1DR**



everyone
ACTIVE

BOOK ONLINE/VIA OUR APP, OR
BY CALLING 01663 481188



www.everyoneactive.com



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Parents and Guardians... Here's one for you! Did you know that there is a fantastic adult choir in Melton Mowbray called CAPELLA?

Maybe you enjoyed singing when you were younger? Or maybe you are keen to meet new people and start a new hobby? Or maybe you have been part of different choirs for years and looking for a new one? Whatever the reason, and whatever your experience might be, we are ready to welcome new members in Jan 2025. We are a friendly, relaxed choir who rehearse on a Monday evening 7:45-9:45pm at Space 2B Studios in Melton Mowbray. Under the expert guidance of the talented Mr Gareth Wynne, we learn mainly adaptations of pop songs but also musical theatre songs. We have a wide range of ages and abilities attend and our long-standing members are always a friendly face to help new members find their feet. We don't perform every weekend, but we do make sure that we offer at least 2 or 3 performance opportunities per year for those who wish to perform. We also have tea/coffee and cake every week, what more could you want!

We are offering new comers to trial the whole of JANUARY FOR FREE! What a great way to kick start the new year. Should you wish to join after that, it's only £25/month. That includes all the music and resources that you need.

Don't delay... book your FREE January today! Just email me back confirming your name and we will get you booked in. The first session back is the 6th Jan 2025! Of course, if you have any questions, please don't hesitate to ask! Just email suzanne@performingstars.co.uk for more information. We hope to see you soon.

CAPELLA CHOIR OPEN TO ALL



MONDAYS 7:45-9:45PM
AT SPACE 2B STUDIOS, MELTON MOWBRAY



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Scalford Sport



MELTON & BELVOIR SCHOOLS CROSS COUNTRY

TRAINING DATES FOR YEARS 3-9

TAKING PLACE AT LONG
FIELD SPENCER ACADEMY
ON:

- WEDNESDAY 11TH SEPTEMBER
- WEDNESDAY 16TH OCTOBER
- WEDNESDAY 6TH NOVEMBER
- WEDNESDAY 27TH NOVEMBER

REGISTRATION: HAMPSON CENTRE 3:45PM
TIME: 4PM - 5PM
COST: £2 PER CHILD (FREE FOR LFSA STUDENTS)

FOR BOOKING INFORMATION PLEASE EMAIL:
CMARLOW@LONGFIELDSPENCER.ORG.UK



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